

UNIT 5: Food I like

Lesson 1

1. Listen and read



Debbie: Do you want some chocolate, Leo?

Leo: No, thank you. I love chocolate but I can't eat it. I want to be a football player and sport men eat healthy food only.

Debbie: What do you like eating?

Leo: I love pasta. Pasta is good!

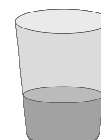
Debbie: Do you like pizza and hamburgers?

Leo: No, I don't like pizza or hamburgers. They aren't healthy! I like water and chicken!



2 Look, read and write

coffee – tea – mate cocido – milk – chocolate milk – soda – water - juice



vegetables – pizza- polenta – chicken – beef – pasta – biscuits – fruits –
toast – hamburger – bread – rice - fish



3. Read and circle

START	dog	hamburger	pizza	bread	teacher
apple	maths	juice	calculator	water	nose
chocolate	chicken	pasta	football	potato	nine
yellow	leg	green	mother	coffee	sister
pencil	blue	rugby	beef	orange	head
Spanish	art	music	tomato	basketball	sharpener
ruler	father	violet	salad	hot dog	rice
eye	tennis	arm	brother	students	END

4. Look and talk





I **like** chocolate.



I **don't like** pizza

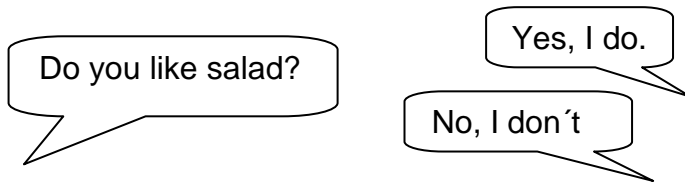
A: I like chocolate. And you?

B: I like chocolate. / B: I don't

.....
A: I don't like pizza. And you?

B: I don't. / B: I like pizza

5. Ask, answer and write



	Me	My classmate
chicken		
pasta		
polenta		
rice		
What's your favourite food?		

My classmate likes _____ but he/she doesn't like _____ .

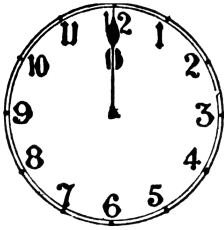
His/her favourite food is _____ .

6 - Draw and write:

Breakfast	Lunch	Dinner



Lesson 2



Time for lunch!

1. Listen and read



What do you **eat** for lunch in Perú?

We always **have** soup and then rice with chicken or fish.

And what do you **drink**?

We **drink** fruit juice, soda or water.



2. Look and talk



What do you eat (have)  for lunch?

What do you drink (have)  at lunch time?

A: Emi, what do you **eat** for lunch?

B: At home? I **eat** rice with chicken.

A: What do you **drink** at lunch time?

B: At school, I **drink** mate cocido.

What about you?

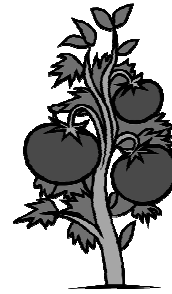


3. Read



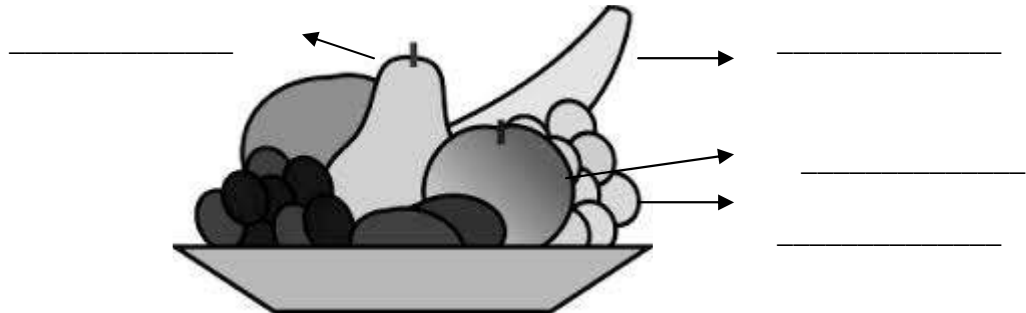
In Perú, I eat lots of fruits and vegetables. Some houses have their own vegetable garden!

These are some vegetables from our garden




3. Label the pictures

lettuce – potatoes – carrots – bananas – grapes – tomatoes - pears – oranges -



4. Time for riddles: Vegetables or Fruit?

1) I'm an orange vegetable that is good for your eyesight.  What am I?

2) I am a beautiful red color with a green top. I like cream. I look like a heart.

 What am I?



3) I am a green vegetable, with a lot of vitamin C and fiber. I look like a little

green tree!  What am I?

4) I am not a vegetable! I am a red fruit! You can find me in salads and

spaghetti sauce!  What I am?

5) I am a fruit. I am a color, too! What am I?

6) I'm a yellow fruit and I've got a lot of potassium. I've got three "A" in my name. What am I?



Lesson 3

1. Look and read

Look at Leo's every day diet.



2. Talk

Is Leo's diet *healthy* or *unhealthy*? Why?

3. Look and complete



a) Leo _____ chicken but he _____ salad.



b) He _____ biscuits but he _____ milk.

4. Look and answer

Complete Leo's answers for a famous magazine interview.

a) What does Leo drink for breakfast? What does he eat?
He drinks milk. He eats toast and fruit.

b) What does he eat for lunch?

c) What does he eat for dinner?

d) What does he have at tea time?

e) What does he eat for dinner?

5. Read

CLASS REPORT

In my country, Nigeria, I eat a lot of rice and fish, I eat octopus!! I don't like fish but I like chicken.

In Nigeria, I have tea and biscuits for breakfast.

At lunch time, I have pasta. I like ravioli but I don't like gnocchi. At tea time, I sometimes eat fruit or cereal.

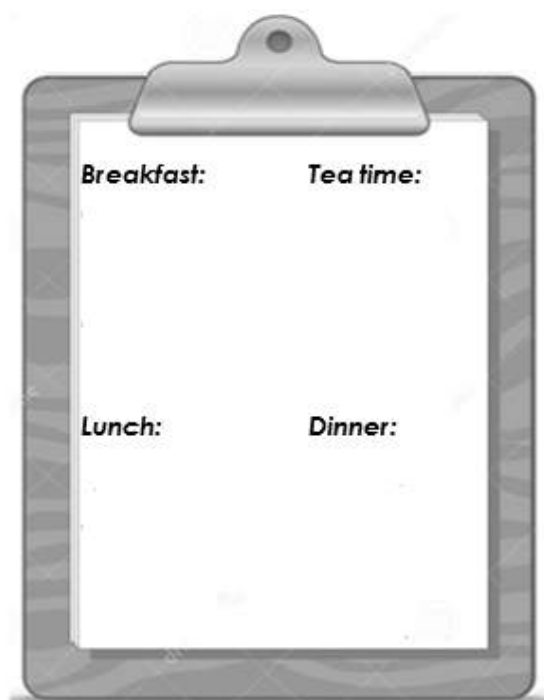
*At night, I like **suya**, a typical dish with meat and chili pepper.*



6. Read and circle

- a) In Nigeria, Nkechy **eat / eats / doesn't eat** fish.
- b) She **like / likes / doesn't like** chicken.
- c) She **have / has** coffee and biscuits for breakfast.
- d) She **eat / eats / doesn't eat** gnocchi for lunch.
- e) At tea time, Nkechy **have / has / doesn't have** coffee.
- f) Nkechy **eat / eats / doesn't eat pizza** for dinner.

7. Ask and Complete



My partner's name:.....

- 1. What does your partner have for breakfast?

- 2. What does **he/she** have for lunch?

- 3. What does **he/she** have at the time?

- 4. What does **he/she** have for dinner?

- 5. Does he/she have a **healthy** or **unhealthy** diet?

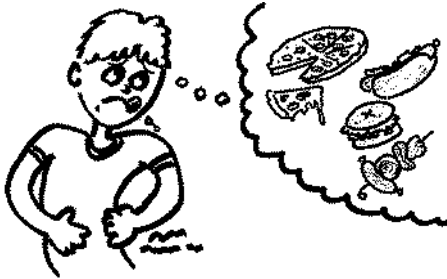


Expansion

1. Read and classify

milk – pizza – pasta – water – salad – juice – apple – sandwich – bread –
lemonade – cake – soda - rice

I'm hungry!

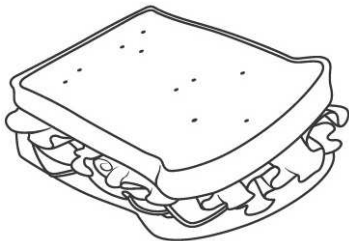


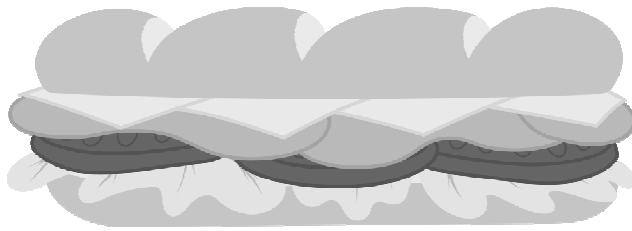
I'm thirsty!



2. Read, match and colour

- a- The **Vegetarian Sandwich** has lettuce, tomato, green pepper, red pepper and cheese.
- b- The **Super Sandwich** has tomato, chicken, cheese.
- c- The **Great Sandwich** has cheese, lettuce, French fries, ham, and fries eggs.
- d- The **Meat Sandwich** has meat, green pepper, onions, chips and ham.

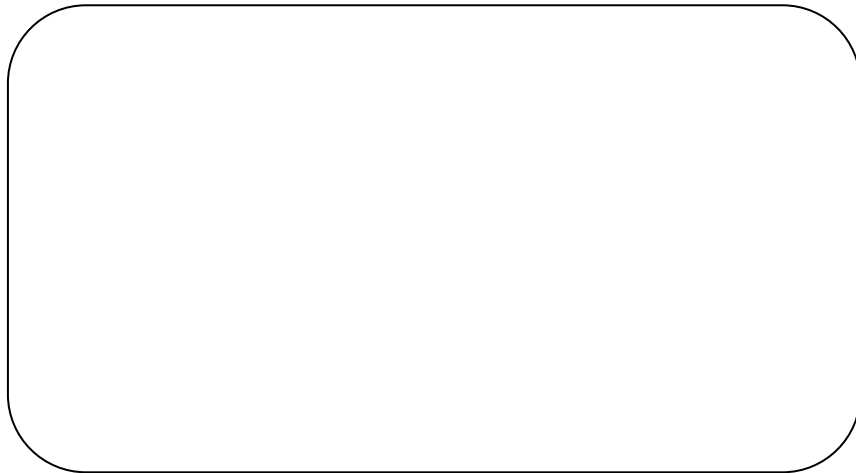




3. Draw and write

Let's make a sandwich!

The _____ has _____.



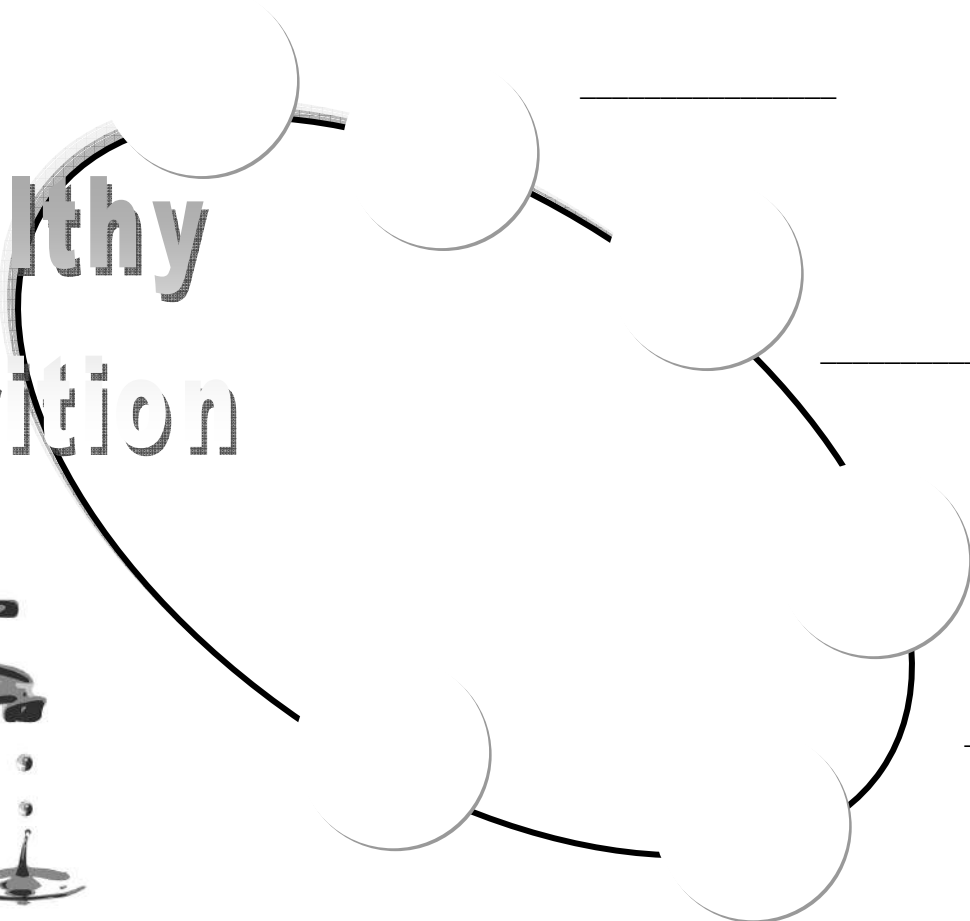
Project

1. Listen and write

Healthy	Unhealthy

2. Complete the food graphic

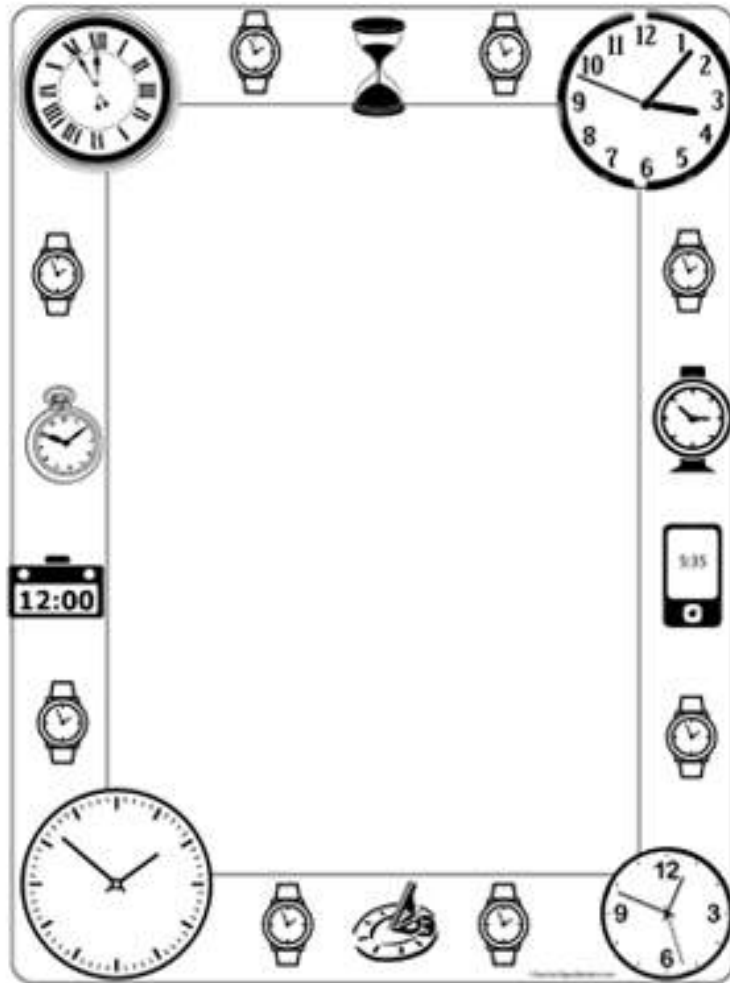
**Healthy
Nutrition**



Healthy Nutrition



3. Write



4. Write

